Castle View Route
3km 30mins
Enter by the main gates at the south lodge and continue up the hill until it levels off. At the ‘V’ shaped junction, keep to the left hand side and continue towards Balloch Castle. Follow the track around the front of the Castle for spectacular views over Loch Lomond and the hills beyond. Just beyond the Castle, a path on the left hand side zigzags* its way down to the shore path where there are children’s play parks, toilets and a kiosk for hot and cold drinks and food from Easter until September.

At the shore, turn left to continue along the gravel path following the Loch as it turns into the River Leven. Continue on this path until you reach a wooden bridge. Cross the bridge and continue on the path until you rejoin the main avenue again, turning right to exit the park at the main gate.

The zigzag path is steep in sections and it is recommended that you only go down this path and do not attempt to go up it, therefore do not do this route in reverse.

Walled Garden Route
2km 30mins
Enter by the main gates at the south lodge and continue up the main avenue taking a left at the grassy triangle. Continue on this path and take second right to enter into the area of the secret garden and walled garden.

There are a range of paths in this area that can be used to explore exotic trees and plants. Return to the last junction and turn right to follow the path until you reach a wooden bridge. Cross the bridge and turn left to follow the path by the River Leven, ignoring the junction on the left hand side.

The path will exit the park by a small slip way where there may be some cars parked. Continue by the path that runs alongside the River Leven until the Balloch House Hotel. Turn left through the metal chicane barrier and continue on the pavement until you reach the start point at the main gate.

Shore Path Route
6km 50mins
Start on Drymen Road by the main entrance to the park. Do not enter the park. Head as though going into the town, continue on the pavement until you reach the Balloch House Hotel.

Turn right through the metal chicane barrier to join the path that runs along the River Leven and enter the park just after the small slipway. Take care as there may be a few cars parked in this area. From here the path runs along the shore for around (1 mile).

Continue past the play parks and at the next junction turn left* to stay by the shore where there are some quieter spots to relax and look out at the Loch. This section of path can have tree roots which might make it a bit uneven in places but it is manageable. At the end of the path turn round and exit by retracing the route.

* Please make sure to turn left at this junction as the straight ahead option is steep in places and the surface can be bumpy with rocks and tree roots.

Clyde Shopmobility provides access to high quality services that enhance health, lifestyle and wellbeing for residents and visitors to West Dunbartonshire, who have mobility or sensory impairment problems. We have a fleet of mobility scooters and a team of support staff dedicated to improving access to facilities in and around West Dunbartonshire.

Clyde Shopmobility has been working successfully with partners since 2013, to improve access to the National Park and West Dunbartonshire’s Public Parks.

To find out more contact Clyde Shopmobility on 01389 758063 or 0141 952 1578.