Cycling the National Park

Cycling is a fun, healthy and environmentally friendly way to travel and explore. For more information about cycling in the National Park visit: www.lochlomond-trossachs.org/cycling and download cycle route cards.

Route 1 - Balloch - Luss
May - September
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Route 2 - Luss - Balmaha Pier
June/July/September
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Days out

West Loch Lomond Cycle Path (Tarbet - Luss)
Cycle south from Tarbet, initially on the pavement, and then join the old road to enjoy the tranquility of the cycle path along the bonnie banks. There are beaches, stunning views and lots of choice for lunch at Luss. There is the option to catch the 16.15 Waterbus back via Rowardennan to Tarbet returning at 17.30.

Two Lochs Cycle Tour (Tarbet - Inversnaid - Trossachs Pier)
Combine a Loch Lomond and Loch Katrine experience on your bike by taking the 10.00 Waterbus service from Tarbet to Inversnaid. Prepare your legs for a steep climb from Inversnaid. At the top of the hill follow the gentle undulating single road alongside the Great Trossachs Path to Stronachlachar (4 miles). Board the 11.30 Waterbus, sailing on the SS Sir Walter Scott to Trossachs Pier. Disembark here for your return cycle along the banks of Loch Katrine to Inversnaid (17 miles) and catch the 16.30 boat back to Tarbet. Refreshments and lunch available in Inversnaid, Stronachlachar and at Trossachs Pier.

Luss - Rowardennan - Balmaha - Luss
Catch 10.00 Waterbus service from Luss and disembark at Rowardennan on the eastern shore. Walk a section of the West Highland Way to the south. This 7 mile walk offers spectacular views of Loch Lomond and brings you to Balmaha where you can visit the National Park Visitor Centre, visit Inchcaillach or for the more active climb Conic Hill (361m). A warm welcome awaits you at The Oak Tree Inn for a hearty lunch, local ales and luxury Loch Lomond ice cream. Catch 16.15 Waterbus from Balmaha pontoon and sail back to Luss.

Balloch - Luss (1 May - 30 September)
Catch the 8.50 Waterbus service from Balloch to Luss, arriving at 9.50am. There are opportunities at Luss for refreshments and to explore the conservation village before returning to Balloch taking the west Loch Lomond cycle path (11 miles).
PLACES OF INTEREST

LOCH LOMOND

**Ardull**
On the banks of iconic Loch Lomond and the famous West Highland Way, Ardull offers superb views of hills, mountains and loch. Take the boat and walk a part of the West Highland way north to Inversnaid or south to Tarbert. ScottRail station, Citylink bus stop, B&Bs, camping, hotel, cafes, shop, restaurant, marina, West Highland Way Waterbus and on demand ferry.

**Balloch**
Activity hub with great transport links. Passing through Balloch is the John Muir Way, Three Lochs Way, NCN 7, West Loch Lomond Cycle Path and Glasgow to Inveruglas Cycle Path. Visit Balloch Castle Country Park and enjoy a variety of walks, walled garden, castle and great views over Loch Lomond.

**Balmaha**
Tantansisal view across the bay towards Inchlochloch island. Unique destination on the Highland Boundary Fault line. The Millennium Trail takes you around the village or tackle Conic Hill (part of the West Highland Way). A longer day out can include walking north to Rowardennan. Don’t miss the opportunity for a selfie with the statue of Tom Weir at Balmaha Bay.

**Inchlochloch**
Inchlochloch, National Nature Reserve, is a wooded island rich in biodiversity and history. An ideal place to experience remoteness and wilderness. Cherish the tranquility, peace, beauty and scenery the island has to offer. There are three walking routes on the island which can be enjoyed separately or together.

**Inchmurrin**
Inchmurrin, Inchlochloch, Inchcailloch and Balmaha. Cafes, restaurants, shops, hotels, B&Bs, bunkhouse, toilets, Citylink and local service bus stops, toilets, car parking (£).

**Rowardennan**
The starting point for Ben Lomond, walking part of the West Highland Way or just to relax and take in the wonderful scenery to the north of Loch Lomond. Easily accessed from Tarbert by Waterbus to the SYHA hostel jetty in Rowardennan. Hotel, bar, meals, tea and coffee, toilets, Youth Hostel (also provides meals and snacks to non-residents), B&Bs, bunkhouse, car parking (£).

**Tarbet**
A gateway to the delights of the north section of Loch Lomond and the Arrochar Alps. Local walks, The Three Lochs Way, Cowal Way and a short Waterbus voyage to the Great Trossachs Path and West Highland Way at Inversnaid.

**Trossachs Pier**
Low on the banks of the great Trossachs forest path. A brand new route taking in sparkling loch shores, stunning hillside scenery and ancient woodlands. From short walks to long distance adventures linking to three of Scotland’s Great Trails, it offers something for everyone.

**Balmaha Bay**
The Millennium Way, part of the West Highland Way Waterbus and on demand ferry. The Rob Roy Way travels along part of the Great Trossachs Path. Visit the RSPB visitor centre at the remains of a Garrison Fort. Walk north to Ardlesih/Inversnaid or south to Rowardennan on the West Highland Way.

**Inchmoan**
Inchmoan (also provides meals and coffee, toilets, Youth Hostel (also provides meals and snacks to non-residents), B&Bs, bunkhouse, car parking (£).

**Strenachlachar Pier**
Strenachlachar is a small hamlet that can be found at the far end of Loch Katrine. Historically this was ‘Rob Roy land’, still standing is Glenlyle house originally built by Rob Roy. Strenachlachar has a real sense of splendid isolation.

**Loch Katrine**
In Arrochar. The walk to Loch Sloy or Inchtavannach is a great day out enjoying superb views of Loch Long and Ben Arthur, Beinn Narnain and Beinn Vi. This is the terminus of the Cowal and Three Lochs Ways and a popular starting point for Ben Vane and Ben Vorlich. Toilets, Citylink bus stop, car parking (£), picnic area. B&Bs’ in Arrochar.

Scotland’s Great Trails
Whether you chose to walk, cycle or ride, the Waterbus connects you with a number of long-distance routes which pass through the National Park.

**West Highland Way**
The Waterbus lets you access and enjoy some of the most scenic sections of the world famous West Highland Way between Balloch, Rowardennan and Inversnaid. The Highland Boundary Fault line, Ben Lomond, Arrochar Alps, flora & fauna.

**Rob Roy Way**
The Rob Roy Way travels along part of National Cycle Route 7, forest paths, farmland tracks, dismanstelled railway track and minor roads. The route starts at Drymen and passes through Aberfoyle, Callander, Strathyre, Lochearnhead and Killin and ends in the Perthshire town of Pitlochry.

**Statute Labour Road Path**
Aberfoyle to Stronachlachar, this optional link to the Old Military Road to Inversnaid. Walk, cycle or ride this path which passes by Lochs Arkel, Ard and Chon with options to Loch Katrine and Loch Lomond and Waterbus connections.

**The Great Trossachs Path**
A brand new route taking in sparkling loch shores, stunning hillside scenery and ancient woodlands. From short walks to long distance adventures linking to three of Scotland’s Great Trails, it offers something for everyone.

**3 Lochs Way**
Balloch to Inveruglas via Helensburgh, Arrochar and Tarbert. At Tarbert you can access the Waterbus Service. From Arrochar you can travel via Glen Loin past Loch Sloy to Inveruglas. Another of Scotland’s Great Trails in the National Park.

**Cowal Way**
This long distance route starts at Portavadie on Loch Fyne and finishes at Inveruglas on Loch Lomond linking up with the 3 Lochs Way and by Waterbus to the West Highland Way and The Great Trossachs Forest Path.

**John Muir Way**
Route celebrating the John Muir legacy. Stretching from North Berwick to Helensburgh linking up with the 3 Lochs Way, West Highland Way, Cowal Way, West Loch Lomond Cycle Path and NCN 7.

**Inchcailloch**
Inchcailloch, Ard and Chon with options to walk, cycle or ride. To access Inchcailloch from Balloch by Waterbus or via Cowal station. To Strenachlachar by Waterbus to the SYHA hostel jetty. Hotel, bar, meals, tea and coffee, toilets, Youth Hostel (also provides meals and snacks to non-residents), B&Bs, bunkhouse, car parking (£).

**Loch Lomond Shores**
So much to see and do as well as some retail therapy. This special destination has a Breath of Prey Centre, Sea Life Centre, High level Ropes Course, Maids of the Loch, cycle & canoe hire. Seasonal promotions, markets, crafts, and woodland walk. Restaurants, cafes, shops, toilets, picnic areas, car parking, Hire of bikes, canoes, Teify pedalos and Quadracycles.

**Loch Lomond Nature Reserve**
A conservation village with pretty 18th and 19th century cottages, very picturesque and photogenic. Short local walks and superb views from the pier to Ben Lomond, Inchlochloch and other Loch Lomond islands. Frequent Waterbus services to Inchlochloch and Balloch. Cafes, restaurants, shops, hotels, B&Bs, toilets, Citylink and local service bus stops, toilets, car parking (£).

**Tarbet**
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