

Glen Loin

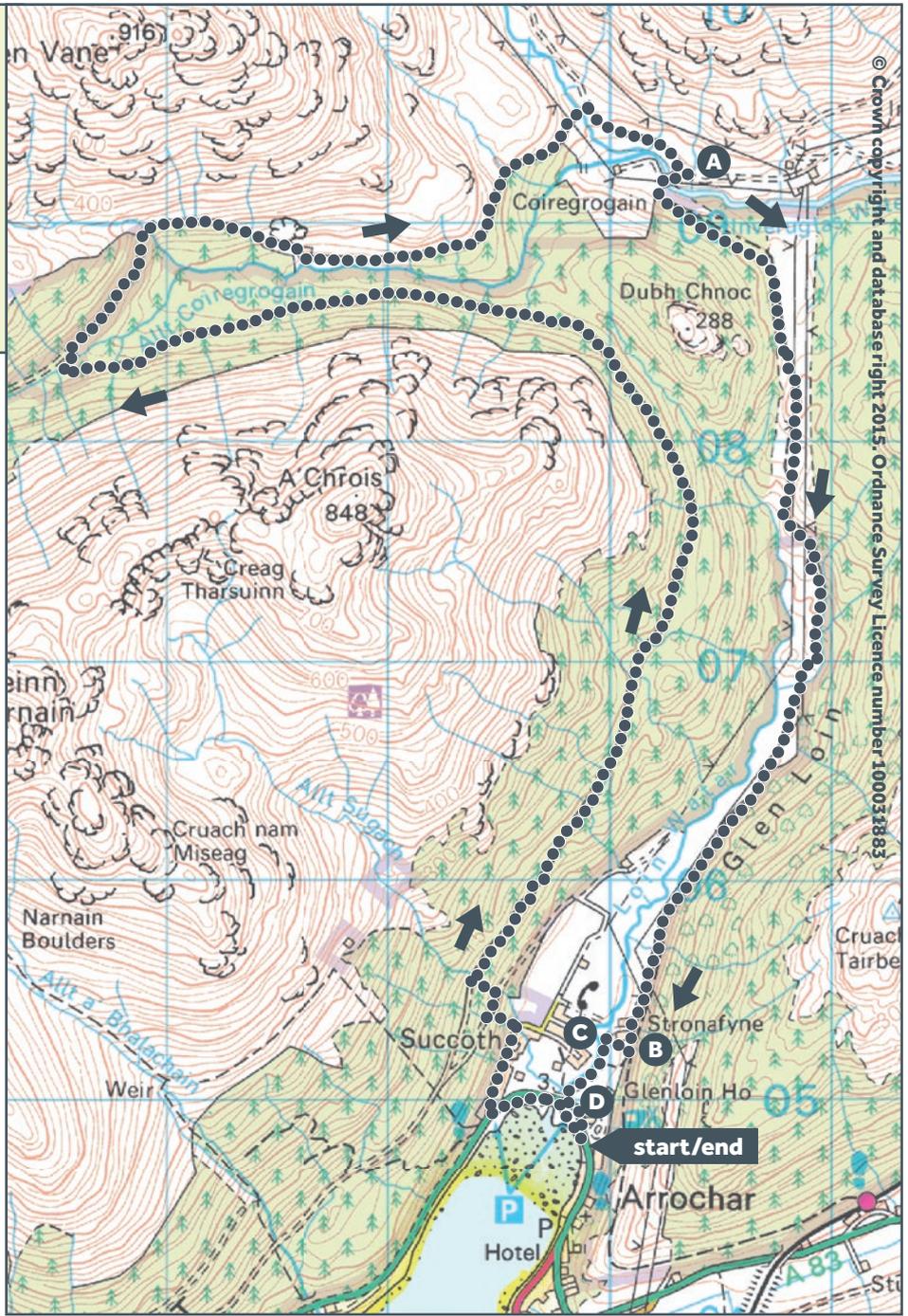
At a glance	
Grading:	 Difficult
Description:	Clockwise
Distance:	18km / 11.3 miles
Ascent:	580m
Type:	Off road mountain bike circuit
Signage:	Forestry Commission Scotland

Route Description

A great ride passing through the rugged splendour of the Arrochar Alps. The loop involves a long climb, stunning mountain scenery a fast descent and sections of techy single track to finish.

From the Argyll & Bute car park in Arrochar (O.S Grid Ref. NN 294 048) turn right, then left and follow the road through Succoth village to the forest entrance (O.S Grid Ref. NN 298 059). The forest road climbs steadily through the conifers and contours around the triptych of Beinn Narnain (926m), Creag Tharsuinn (781m) and A'Chrois (849m) into the atmospheric Allt Coiregrogain. After crossing the stream a sweeping 3.6km descent passes beneath the southern flank of Ben Vane (916m) - watch out for the occasional rough section.

Turn right (A) at O.S Grid Ref. NN 303 092 towards Coiregrogain Farm. Cross the bridge over Inveruglas Water, turn immediately left and follow a section of joyous single-track weaving through the forest. A short, steep climb leads into fairly technical descent and more quality singletrack along Glen Loin. After the Stronafyne properties turn right (B), then left (C) and follow the Loin Water to the main road. Turn right (D) and follow the road back to the car park.



Points of Interest

- Loch Long and Loch Sloy
- Excellent hill walking and climbing in the Arrochar Alps: The Cobbler (884m), Beinn Narnain (926m), Beinn Ime (1011m), Ben Vane (916m), Ben Vorlich (943m), Ben Lomond (974m)
- Hill walking around Loch Sloy
- Waterbus and Cruises on Loch Lomond departing from Tarbet

Facilities

Arrochar has refreshments, pubs, shops, toilets, cycle racks and accommodation.

Cycle Hire

Tarbet: Cruise Loch Lomond
 The Boatyard, Tarbet,
 Argyll & Bute G83 7DG
 T: 01301 702 356
 E: enquiries@cruiselochlomond.co.uk
 W: www.cruiselochlomond.co.uk/
 new-cycle-hire/