

The Banks of Loch Eck

At a glance

Grading:	▲ Easy
Direction:	Heading north to south
Distance:	14k m / 9 miles
Ascent:	185m
Type:	Mountain bikes or sturdy hybrids
Signage:	Directional way marking

Route Description

A beautiful family orientated ride along the tranquil beaches and forests of western Loch Eck. You can ride as little or as far as you want - a return trip from Glenbranter to the Benmore Botanical Gardens and back is 28km.

The route starts at the Forestry Commission Scotland centre at Glenbranter - follow the track south to Glenshellish Farm, head left at the farm and towards the River Cur. The forest track now follows the western shore of Loch Eck for 13.5km and is mostly level with the odd short climb / descent thrown in for good measure.

The botanical gardens are a mysterious and enchanting place with dramatic mountainside scenery and plants from the Himalayas, Bhutan, Chile and Japan (and Scotland of course!). Guided tours are available and there is a great cafe / shop open throughout the year serving locally sourced food (closed Monday & Tuesday during winter).

Points of Interest

- Puck's Glen and scenic walks
- Benmore Botanic Gardens
- Kilmun Arboretum
- Kilmun Mausoleum

Facilities

Cafes, Inns, accommodation, toilets and information

Cycle Hire

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